

August Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
15	16		18 General Whoa's Chopstick Palace Sweet and Sour Chicken with white rice, broccoli, oranges and fortune cookie	19 Pizza Day!
			DF First Day of School!	
22 Luigi's Italian Bistro Baked Ziti, Garlic Bread, Caesar Salad, and Dessert V DFO	23 Tina's Cantina <i>Pre-K thru 4</i> Soft Beef Tacos <i>Grades 5-8</i> Hard Beef Tacos Both with all the fixin's B DFO	24 100% Beef Hot Dogs with Chips, Cole Slaw, Fruit and Dessert B DF	25 Mustang Sub Shop Turkey and cheese subs with chips, fresh fruit and a cookie DFO	26 Pizza Day!
29 Breakfast for Lunch Waffle Sandwiches with fresh fruit, veggie dippers and dessert DFO VO	30 Baked Mac and Cheese with tossed salad, fresh fruit and dessert V	31 Pulled Pork Sandwiches with tater tots, veggie dippers, and fresh fruit DF		

Foodie Facts:

Honey is the only food that does not spoil. Honey found in the tombs of Egyptian pharaohs has been tasted by archaeologists and found edible.

Lunch Room News:

Welcome back! Don't forget about the salad bar! Everyday the salad bar is packed with fresh fruits and veggies. The bar is available for one lunch ticket and only available to 5th-8th grade.

***Try something new today!**

In the kitchen we try to be sensitive to food allergies. We are happy to try to accommodate as many requests as possible, however please understand that we can not control the facilities in which some of our food is manufactured. Therefore, if your sensitivity is severe, we suggest packing your own lunch.

DF Dairy Free **DFO** Dairy Free Option **V** Vegetarian **VO** Vegetarian Option **B** Beef

If you have and compliments, questions, or concerns, please contact Chef Katie at MarquissK@sjs.org